

J Ho

Competition Step Sheet

DIVISION: 3 Intermediate (Open, Crystal & Silver)

Description: 64 Count, 4 Walls, Showdance, Non-Country
Choreographer: Maggie Gallagher
Music: Jai Ho by The Pussycat Dolls
Count-in: 32 Counts
Note: Dancers will dance Wall 1 Vanilla, Wall 2 Vanilla, Wall 3 (up to tag & restart) Vanilla, Wall 4 Variation then V&V as normal



1-8 TOUCH, PRESS, HEEL SWIVELS, KICK, CROSS, 3/4 UNWIND, LEFT RONDE

1,2 Touch right toe next to left, Press right toe forward on right diagonal (12.00)
3,4 Swivel right heel out, Swivel right heel in
5,6 Recover onto left kicking right foot forward on a right diagonal, Cross right over left
7,8 Unwind 3/4 turn to left (keeping weight on right), Ronde sweep left toe behind right (3.00)

9-16 CROSS, SIDE, 1/2 HINGE-CHASSE, 1/2 HINGE-ROCK, RECOVER, WALKS FORWARD

1,2 Cross left behind right, Step right to right side
3&4 1/2 hinge turn to right stepping left to left side, Step right beside left, Step left to left side (9.00)
5,6 1/2 hinge turn right rocking out to right side, Recover onto left (3.00)
7,8 Walk forward right, Walk forward left

17-24 OUT-OUT, ROCK BACK, RECOVER, SIDE, POINT BACK, UNWIND 1/2 LEFT, WALKS R, L

&1 Stomp out to right side, Stomp out to left side (feet shoulder width apart)
2,3 Rock back diagonally on right, Recover onto left
4 Step to right side
5,6 Point left toe back, Unwind 1/2 turn to left placing weight on left (9.00)
7,8 Walk forward right, Walk forward left

25-32 OUT-OUT, ROCK BACK, RECOVER, SIDE, POINT BACK, UNWIND 1/2 LEFT, WALKS R, L

&1 Stomp out to right side, Stomp out to left side (feet shoulder width apart)
2,3 Rock back diagonally on right, Recover onto left
4 Step to right side
5,6 Point left toe back, Unwind 1/2 turn to left placing weight on left (3.00)
7,8 Walk forward right, Walk forward left

33-40 TOE-TAP TURN, HEEL TAP, HOLD, INDIAN HEEL ROCKS, TOGETHER-FLICK

1,2,3 Make 1/2 turn left whilst tapping right toe out (tap, tap), Tap right heel forward (9.00)
4 HOLD
5 Drop right toes down whilst rocking forward onto right foot and raising left heel
6 Drop left heel down whilst rocking back onto left foot and raising right toes
7 Drop right toes down whilst rocking forward onto right foot and raising left heel
8 Step left next to right whilst flicking right foot back (9.00)

41-48 STEP, 1/2 PIVOT LEFT, STEP, HOLD, FULL TURN RIGHT, STEP LEFT, 1/2 PIVOT RIGHT

1,2 Step forward on right, 1/2 pivot turn left (3.00)
3,4 Step forward on right, HOLD
5,6 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right (3.00)
7,8 Step forward on left, 1/2 pivot turn right (9.00)

TAG & RESTART – During wall 3 Dance up to count 44, then, whilst facing the (9.00) wall (dance steps as follows)

5,6 Walk forward L,R

7,8 Walk Forward Left, Point right to right side

(Then restart the dance from the beginning – your variation wall will start here)

49-56 CROSS, POINT, CROSS, POINT, CROSS, SIDE BUMP RIGHT, HIP BUMPS L, R, L

1,2 Cross left over right, Point right to right side

3,4 Cross right over left, Point left to left side

5 Cross left over right

6 Step right to right side bumping hips to right side

7&8 Bump hips L, R, L (9.00)

57-64 LEFT CROSS, DIAGONAL TOE PRESS, HEEL TAPS, RIGHT JAZZ WITH LEFT CROSS

1,2 Cross right over left, Press left toe forward on left diagonal (heel raised)

3,4 Tap left heel twice (leaving it down on the second tap)

5,6 Cross right over left, Step back on left,

7,8 Step right to right side, Cross left over right (9.00)