

Love of my Life



Competition Step Sheet

DIVISION: Gold

Description: 32 Counts, 4 Walls, Smooth (Nightclub), Country
Choreographer: Rob Fowler
Music: Love of my Life by Sammy Kershaw
Count-in: 16 Count Intro

1-8 Nightclub Basic, $\frac{3}{4}$ Shuffle, Rock Step

1,2& Step Left to left side, Step right next to left, Cross left over right
3,4& Take long step to right, step left next to right, Cross right over left
5&6 Make $\frac{1}{4}$ turn to left stepping onto left, Make $\frac{1}{4}$ turn left stepping right behind left, make $\frac{1}{4}$ left stepping onto left (3/4 shuffle)
7,8& Rock forward onto right, recover back onto left, Step back on right

9-16 $\frac{1}{4}$ Turn Long Step Left, Together Cross $\frac{1}{4}$ Turn Right, Step Half Pivot Right, 1& $\frac{1}{4}$ Turn Left Sweep, Cross Half Turn

1,2& Make $\frac{1}{4}$ turn left stepping left to left side, step right next to left, cross left over right
3,4 Make $\frac{1}{4}$ turn right stepping forward onto right, step forward onto left
5,6& Make a half turn right, step forward onto left, Make half turn to left stepping back onto right
7&8& Make half turn left stepping on left, $\frac{1}{4}$ left sweeping right over left, cross right over left, Step left to left side making half turn to right

17-24 Long Step Right, Rock Step, $\frac{1}{4}$ Turn, Step Half Turn, Back, Coaster Step, Full Turn Forward

1,2& Step right foot to right side, Rock left over right, recover back onto right
3,4& $\frac{1}{4}$ turn to left stepping forward on left, Step forward on right, make $\frac{1}{2}$ turn to left weight back onto right
5,6& Long step back onto left, right together, step forward onto left
7,8& Step forward onto right, make $\frac{1}{2}$ turn to right stepping back onto left, $\frac{1}{2}$ turn right stepping forward on right

25-32 Step forward left, Right lock right back, Step back lock right in front, Side rock cross, side rock cross

1,2& Step forward onto left, Step back onto right, lock left foot back over right foot
3,4 Step back onto right, Step back onto left
5&6 Lock right over left foot, Step back onto left, Step right to right side
&7,8& Cross left over right, Step right to right side, Step left next to right, cross right over left