

# Are You Happy Now

Competition Step Sheet

**DIVISION: Advanced**

Description: 32 Counts, 4 Walls, Nightclub, Country  
Choreographer: Danielle Daley  
Music: Are You Happy Now by Rascal Flatts & Lauren Alaina  
Special edit on [www.worlddancemasters.com](http://www.worlddancemasters.com)  
Count-in: 8 Count Intro  
Note: There is a 12 count tag after Wall 2. See below.  
Dancers will dance Wall 1 Vanilla, Wall 2 Vanilla, Tag  
Vanilla, Wall 3 Variation, then V&V to finish



- 1-8 L CROSS ROCK, RECOVER, WEAVE L, POINT, FULL TURN L, SIDE CROSS, SWAY L & R**
- 1,2 Cross rock LF over RF, Recover weight to RF  
3& Step LF to L side, Cross RF in front of LF  
4& Step LF to L side, Cross RF behind LF  
5& Point LF to L side, Keeping LF pointed, turn body ¼ turn L (face 9.00)  
6& Step LF to L side, Close RF to LF making a whole turn over L shoulder (finish facing 9.00)\*  
*\*(option for Silver & Gold dancers on Counts 6& - Step LF to L side, Cross RF behind LF – take out full turn)*  
7& Step LF to L side, Cross RF over LF  
8& Step LF to L side swaying body to L side, Sway body to R side (9.00)
- 9-16 NIGHTCLUB BASIC L, R SCISSOR STEP, ½ TURN R FWD WITH L SWEEP, L CROSS, R BACK, 1 ¼ TURNS L**
- 1,2& Step LF a large step to L side, Close RF to LF, Step LF a small step across RF  
3&4& Step RF to R side, Step LF next to RF, Cross RF over LF, Step LF slightly diagonal back  
5 Make ½ turn R stepping RF forward, as you sweep LF from back to front (to face 3.00)  
6&7 Cross LF over RF, Step back RF, make 3/8 turn L stepping forward LF  
8&8 Make 3/8 turn L stepping back RF, make ¼ turn left stepping LF forward, make ¼ turn L stepping RF to R side (finish facing 12.00)\*  
*\*option for Silver & Gold dancers on Counts 5-8& - Make ½ turn R stepping RF forward – leaving out sweep (5), Step LF forward and pivot ½ turn over R shoulder (6&), Step LF forward and pivot ¼ turn R, transferring weight onto RF (7&), Cross LF over RF (8), Step RF to R side (&), finish facing 12.00*
- 17-24 L BACK ROCK, L SIDE, R BACK ROCK, ½ TURN (RF BACK), NIGHTCLUB BASIC L, RF LUNGE, PIVOT ½ L X2**
- 1,2& Rock back LF, Recover weight RF, Step LF to L side  
3,4& Rock back RF, recover weight LF, make ½ turn L stepping back RF (to face 6.00)  
5,6& Step LF a large step to L side, Close RF to LF, Step LF a small step across RF  
7& Lunge RF to R side, Recover onto LF and pivot ½ turn L (to face 12.00)  
8& Lunge RF to R side, Recover onto LF and pivot ½ turn L (to face 6.00)
- 25-32 DIAGONAL WALKS BACK & FORWARD, NIGHTCLUB BASIC, ½ PIVOT TURN, STEP LF FORWARD, STEP FORWARD RF, SPIRAL LF L TO FACE 4.30.**
- 1,2& Angle body to 4.30 as step back on diagonal R-L-R  
3,4& Making ¼ turn L to 1.30, step forward on diagonal L-R-L

- 5,6& Step RF a large step to R side turning 1/8 turn L (to face 12.00), Close LF to RF, Step RF a small step across RF.
- 7& Step LF forward, Pivot 1/2 turn R (to face 6.00)
- 8& Step LF forward, Step RF forward as spiral LF 1 and 1/8 turn L to face 4:30\*
- \*option for Silver & Gold dancers on Count 8& - Step LF forward (8), Step RF forward angling towards 4.30- leave out spiral turn)*

*12 Count Tag at the end of Wall 2:*

**1-12 L CROSS ROCK, RECOVER, SIDE, CROSS, BACK, SIDE TURNING 1/2 TURN R, NIGHTCLUB BASICS X 3, STEP BACK 1/4 TURN STEP TO R SIDE TURNING 1/4 TURN R**

- 1, 2 Cross rock LF over RF, Recover weight to RF
- &3&4& Step LF to L side, Cross RF in front of LF, Step LF back turning 1/4 turn R, Step RF to R side turning 1/4 turn R, Cross LF in front of RF
- 5,6& Step RF a large step to R side, Close LF to RF, Step RF a small step across RF
- 7,8& Step LF a large step to L side, Close RF to LF, Step LF a small step across RF
- 1,2& Step RF a large step to R side, Close LF to RF, Step RF a small step across RF
- 3,4 Step LF back turning 1/4 turn R, Step RF to R side turning 1/4 R

Begin Again 😊