

Forever Amen

Competition Step Sheet

DIVISION: Partners

Description: 32 Counts, Partner Dance, Country
Choreographer: Pete & Val Simm
Music: Forever Country by Artists of Then, Now & Forever (Single)
Count-in: 16 Count Intro
Note: Video of steps (different music) at:
<https://www.youtube.com/watch?v=IkkDmLsDAPQ>



Leaders steps are written.

Leader facing outside LOD holding hands, Follower facing inside holding hands.

Followers are opposite steps (starting with rock back on left) except where stated in bold

1-8 CROSS ROCK RECOVER, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT

1,2 Cross rock Right over Left, recover onto Left.
3&4 Step Right to Right, step Left beside Right, step Right to Right side.
5,6 Cross rock Left over Right, recover onto Right
7&8 Step Left to Left, step Right beside Left, step Left to Left side.

9-16 ROCK RECOVER, CHASSE RIGHT ¼ TURN LEFT. ROCK RECOVER, SHUFFLE FORWARD

1,2 **LEAD:** Rock back on Right, recover on Left. Release Follower's Left Hand
FOLLOW: Step forward Left on Left, Pivot ½ turn Right. Weight on right Turning Under Leader's Left Hand.
3&4 **LEAD:** Step Right to Right side, step Left beside Right, step Right to Right side with a ¼ Turn Left (Into L.O.D)
FOLLOW: ¾ turn Shuffle to the Right stepping Left, Right, Left (Release Left hand, picking up Leader's right hand into L.O.D side by side)
5,6 Rock back on Left, recover on Right,
7&8 Step forward on Left, together with Right, step forward on Left.

17-24 STEP ¼ TURN LEFT, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT ¼ TURN LEFT.

1,2 Step Right ¼ Turn Left, step together on Left, (Release hands) Turn back to back
3&4 Step Right to Right, step Left beside Right, step Right to Right,
5,6 Cross Left over Right, recover on Right
7&8 Step Left to left side, step Right beside Left, step Left to Left side with ¼ turn Left, (into reverse L.O.D)

25-32 STEP ¼ TURN LEFT, CROSS SHUFFLE, SIDE CLOSE, CHASSE LEFT

1,2 Step Right forward turning ¼ Turn Left, step Left beside Right, (Picking up both hands)
3&4 Cross Right over Left, Left to Left side, cross Right over Left,
5,6 Step Left to Left side, step Right beside Left
7&8 Step Left to Left side, step Right beside Left, step Left to Left side.

Begin Again ☺