

Move Your Feet

Competition Step Sheet

DIVISION: Primary Novice

Description: 32 Counts, 2 Walls, Street, Non-Country
Choreographer: Masters in Line
Music: Move Your Feet by Junior Senior
Count-in: 4 Count Intro



1-8 CROSS ROCK SIDE, CROSS-ROCK TURN, 2 x ½ TURN, JUMP FWD & BACK

1&2 Cross rock RF over LF, recover weight onto LF, step to right on RF
3&4 Cross rock LF over RF, recover weight onto RF, turn ¼ left stepping fwd onto left
5,6 Turn ½ left stepping back on right, turn ½ left stepping forward on left
&7 Small jump forward (RF then LF)
&8 Small jump back (RF then LF)

9-16 ¼ TURN TRIPLE, ½ TURN TRIPLE, JAZZ BOX WITH ½ TURN

1&2 Turn ¼ right and triple forward R,L,R
3&4 Turn ½ left, and shuffle forward L,R,L
5,6 Cross right over left, step back on left (preparing to turn)
7,8 Turn ½ right stepping forward onto right, step forward on left

17-24 ROCK RECOVER, TRIPLE ½ TURN; ROCK, RECOVER, L COASTER

1,2 Rock forward on right, recover weight onto left
3&4 Making ½ turn over R shoulder, triple R,L,R
5,6 Rock forward on left, recover weight onto right
7&8 Step back on left, step on right beside left, step forward on left

25-32 KICK, CROSS, UNWIND (BOUNCE); STEP SLIDE TOUCHES

1,2 Kick right foot diagonally-forward right, cross-touch right foot over left
3&4 Bounce heels 3 times making a full turn to the left over left shoulder
5 Step diagonally-forward right on right foot
& Slide left foot towards right
6 Touch left foot beside right
7 Step diagonally-forward left on left foot
& Slide right foot towards left
8 Touch right foot beside left