

This Old Heart of Mine



Competition Step Sheet

DIVISION: Starter Open & Gems

Description: 32 Counts, 4 Walls, Non-Country
Choreographer: Abbie Ingram
Music: This Old Heart of Mine by The Isley Brothers
Count-in: 32 Count Intro

1-8 3 x Walks Fwd RLR, Kick L, 3 x Walks Back LRL, Touch R

1,2,3 Walk Fwd RF, LF, RF
4 Kick LF forward & clap hands
5,6,7 Walk back LF, RF, LF
8 Touch RF beside LF & clap hands

9-16 Side, Side, Shuffle (Repeat)

1,2 Step RF to R side, Step LF to L side
3&4 Step RF to R side, Close LF to RF, Step RF to R side
5,6 Step LF to L side, Step RF to R side
7&8 Step LF to L side, Close RF to LF, Step LF to L side

17-24 Full Turn Rolling Vine, 1 & ¼ Turn Rolling Vine

1,2 Make ¼ Turn to R stepping fwd on RF, Make ½ Turn to R stepping back on LF
3,4 Make ¼ Turn to R stepping RF to R side, Touch LF to L side as you clap hands
5,6 Make ¼ Turn to L stepping fwd on LF, Make ½ Turn to L stepping back on RF
7,8 Make ½ turn to L stepping fwd on LF, Touch RF beside LF

25-32 'Boy Band Touches', 2 x ¼ Pivots

1,2 Step RF fwd, Touch LF behind RF
*hands: Roll Right hand down & click
3,4 Step LF back, Touch RF in front of LF
*hands: Roll Right hand up & click
5,6 Step RF fwd, ¼ Pivot Turn to Left
7,8 Step RF fwd, ¼ Pivot Turn to Left