

Trouble Is



Competition Step Sheet

DIVISION: Allstars

Description: 48 Counts, 4 Walls, Smooth (Nightclub), Non-Country
Choreographer: Scott Blevins
Music: Trouble Is by Allison Iraheta
Count-in: 8 Count Intro
Note: Dancers will dance Wall 1 Vanilla, Wall 2 until restart
Vanilla, Wall 3 Variation, Wall 4 Vanilla, Wall 5 until
restart Vanilla, Wall 6 Variation, V&V to finish

Restarts are on Wall 2 (after count 40&) and Wall 5 (after 24&)

1-8 Nightclub Basic, Side ½ Turn, 3 Walks, ½ Pivot, Walk, Full Turn

1-2& 1) Large step side R; 2) Step on ball of L behind R; &) Small step R across L
3-4& 3) Large step side L opening slightly to right diagonal starting ½ turn right [1:00]; 4)
Finish ½ turn right stepping forward R [6:00]; &) Small step forward L
5-6-7 5) Step forward on R; 6) Turn ½ left recovering weight on L [12:00]; 7) Step forward R
&&&) Turn ½ right stepping back L [6:00]; 8) Turn ½ right stepping forward R [12:00]; &)
Step forward L

9-16 Rock Recover, Step Lock x 2, Walks in a Circle, Step full Turn

1-2 1) Rock forward R; 2) Recover weight back on L
3&4& These counts move you back towards 6:00: 3) Step back R; &) "Lock" step L back
across R; 4) Step back R; &) "Lock" step L back across R
5,6,7 These counts travel in a small clockwise circle: 5) Turn ½ right with small step forward
R [6:00]; 6) Turn ¼ right stepping forward L [9:00]; 7) Turn 1/8 right stepping forward
R [11:00 diagonal]
&&& &) Step forward L; 8) Turn ½ left stepping back R [5:00 diagonal]; &) Turn ½ left
[11:00 diagonal] stepping forward L

17-24 Rock Recover, Weave, Spiral, Walks with 5/8 Turn

1-2 1) Rock forward R; 2) Recover weight back on L [12:00]
3&4& 3) Square up to 12:00 stepping side R; &) Step L across R; 4) Step side R; &) Step L
behind R
5-6 5) Step side R; 6) Leave both feet in place and take weight on L as you turn ½ right on
ball of L to create a "spiral" effect [6:00] while your head continues looking towards
1:00 over left shoulder (i.e. your body makes a reverse spiral turn towards 6:00 while
your head lingers towards 1:00)
7&8& 7) Turn 1/8 right stepping fwd R [7:00 diagonal]; &) Turn ½ right stepping back L
[1:00diagonal]; 8) Turn 1/8 right stepping side R [3:00]; &) Step L across R

*****(Restart here on Wall 5)*****

25-32 Nightclub Basic, ¼ Turn, 3/8 Turn, Rock Recover, Turn to 12.00

1-2& 1) Large step side R; 2) Step on ball of L behind R; &) Small step R across L
3-4& 3) Turn ¼ right stepping back L [6:00]; 4) Turn 3/8 right stepping forward R [11:00
diagonal]; &) Step forward L
5&6& 5) Step fwd R; &) Rock forward L; 6) Recover weight back on R; &) Step back L
7&8 7) Turn 3/8 right stepping forward R [3:00]; &) Turn ½ right stepping back L [9:00]; 8)
Turn ¼ right stepping side R [12:00]

33-40 Hold/Rock, ¼ Turning Sailor, Sweep, Full Turn

*&/1,2 This first step happens on the "1" count during the verse and on the "&" count,
holding count "1" during the chorus: &/1) Rock step L across R; 2) Recover weight back
on R

- 3&4 3) Turn ¼ left sweeping L counterclockwise from front to back and step behind R [9:00]; &) Small step side R; 4) Small step forward L
&5-6 &) Step forward R; 5) Turn ¼ right sweeping L clockwise from back to front [12:00]; 6) Step L across R
7&8& 7) Turn ¼ right stepping forward R; &) Turn ½ right stepping back L; 8) Turn ¼ right stepping side R; &) Step L across R [12:00]

***** (Restart here on Wall 2) *****

41-48 Side, ¼ Coaster, ¼ Back, Back, Cross Unwind, Rock, Recover, Step

- 1-2&3 1) Large step side R; 2) Turn ¼ left stepping back L [9:00]; &) Step R next to L; 3) Step forward L
4&5 4) Turn ¼ right stepping R across L [12:00]; &) Small step back L; 5) Step back R opening slightly to right diagonal
&6 &) Cross L over R; 6) Unwind a bit more than a full turn right ending with weight on R [2:00]
7&8 7) Rock step side L to square up to [3:00]; &) Recover weight on R; 8) Step L across R