

# Upside Down



## Competition Step Sheet

### **DIVISION: Rugrats**

Description: 16 Counts, 4 Walls, Non-Country  
Choreographer: Masters in Line  
Music: Light Up The World by The Glee Cast  
Count-in: 16 Count Intro

---

#### **1-4 RF TO R SIDE, LF TO L SIDE, R SIDE SHUFFLE**

- 1 Step RF to right side
  - 2 Step LF to left side
  - 3&4 Step RF to right side, step LF next to RF, step RF to right side
- \*As you do counts 1-4 push hands up in the air as if holding a box above your head

#### **5-8 ¼ TURN R, SIDE TOGETHER x2 BOUNCING SHOULDERS**

- 5 Make ¼ turn right stepping LF to left side
  - 6 Step right together
  - 7 Step left to left side
  - 8 Touch right next to left
- \*As you do counts 5-8 bounce shoulders with hands pushing down to floor

#### **9-12 ROLLING TURN TO RIGHT**

- 1 Make ¼ turn right stepping fwd onto right
- 2 Make ½ turn right stepping back onto left
- 3 Make ¼ turn right stepping right to right side
- 4 Touch left next to right

#### **13-16 WALK AROUND FULL CIRCLE, TOUCH RIGHT, SLAP AND CLAP**

- 5,6,7 Walk around a full circle to the L, stepping LF, RF, LF
- 8 Touch right next to left, as you quickly slap thighs with both hands and then clap