

You Can Change



Competition Step Sheet

DIVISION: Primary Advanced

Description: 32 Counts, 4 Walls, Lilt (Jive), Non-Country
Choreographer: Mandy Schieke
Music: You'll Always Find Your Way Back Home by Miley Cyrus
Count-in: 32 Count Intro
Note: There is a restart on Wall 6 (see below). Dancers will dance V&V as normal, continuing into variation on Wall 7 after the restart.

1- 8 Kick, Kick, Sailor Step, Kick, Kick, Sailor Step

1,2 Kick RF forward, Kick RF to R side
3&4 Cross RF behind LF, Step LF to L side, Step RF in place
5,6 Kick LF forward, Kick LF to L side
7&8 Cross LF behind RF, Step RF to R side, Step LF in place

9-16 Triple, Step turn, Step, Hold, ½ Turn x 2

1&2 Step RF fwd, Close LF to RF, Step RF fwd
3,4 Step LF fwd, ½ pivot turn to right
5,6 Step LF fwd, Hold
7,8 Making ½ turn to L, step RF back, Making ½ turn to L, step LF forward (finish facing 6.00)

17-24 Out, Out, Knee Bumps x 3, Cross Kick, Touch to R, Hold

1,2 Step RF to the right side, Step LF to the left side
3,4,5 Push the right knee inwards, the left knee inwards and the right knee inwards
6,7,8 Cross Kick RF over LF, Touch RF to R side, Hold

25-32 Coaster Step, Step ¼ Turn, Vine, Touch

1&2 Step RF back, Close LF to RF, Step RF fwd
3,4 Step LF fwd, pivot ¼ Turn to right
5,6,7 Step LF over RF, Step RF to R side, Cross LF behind RF
8 Touch RF next to LF

Restart: On the 6th wall, after the first 16 counts (the ½ turns) restart the dance again. You will be facing 3.00 - the wall after this will be a variation wall.